

NUTRITION FACTS

*2,000 calories a day is used for general nutrition advice, but calorie needs vary.

MILKY SERIES		Calories (Cal)	Saturated Fat (g)	Sodium (mg)	Carbohydrate (g)	Sugar (g)	Caffeine (mg)/cup
1	Classic Pearl Black Milk Tea (L)	807	18	166	153	42	120
1	Classic Pearl Green Milk Tea (L)	808	18	164	154	45	115
2	Thai Pearl Milk Tea (L)	980	16	152	202	85	165
3	Tiger Boba (L)	713	6	190	145	56	0
FRUITY BEVERAGE		Calories (Cal)	Saturated Fat (g)	Sodium (mg)	Carbohydrate (g)	Sugar (g)	Caffeine (mg)/cup
4	Berry Lychee Burst (L)	404	0	128	101	95	145
5	Mango Passion Fruit Tea (L)	472	0	0	118	112	150
MATCHA		Calories (Cal)	Saturated Fat (g)	Sodium (mg)	Carbohydrate (g)	Sugar (g)	Caffeine (mg)/cup
6	Matcha Fresh Milk Latte (L)	402	4	76	79	70	120
7	Matcha Pearl Milk Tea (L)	822	13	136	167	58	120
ICE BLENDED		Calories (Cal)	Saturated Fat (g)	Sodium (mg)	Carbohydrate (g)	Sugar (g)	Caffeine (mg)/cup
8	Taro w/ Pearl (L)	888	17	152	177	45	0
9	Thai Tea w/ Pearl (L)	812	10	116	176	64	70
10	Strawberry w/ Lychee Jelly & Ice Cream (L)	515	6	140	109	101	0
TOPPING		Calories (Cal)	Saturated Fat (g)	Sodium (mg)	Carbohydrate (g)	Sugar (g)	Caffeine (mg)/cup
Pearls (Boba)		276	0	32	69	23	0
Crystal Boba		108	0	36	26	22	0
Lychee Jelly		150	0	15	38	36	0
Ice Cream		156	6	60	19	15	0
Mango Popping Boba		108	0	108	26	24	0
Strawberry Popping Boba		108	0	108	26	24	0