

FEELING SICK?

The food can come to you!



BANANAS

RICE

APPLESAUCE

TOAST

SOUP

If you are unable to leave your room for health reasons, we will coordinate to have a B.R.A.T.S. Meal packaged and delivered to the customer service desk in your building.

**Meals are available Monday-Friday 7:30am to 9pm
Sunday & Saturday 11am to 9pm
Order cut off time is 7PM**

Simply email diningbratmeal@usc.edu with the following:

- ✓ **First and last name**
- ✓ **USC ID#**
- ✓ **Email Address**
- ✓ **Telephone Number**
- ✓ **Building and room number**
- ✓ **Delivery time** (please allow at least two hours prior to delivery)

Visit the USC Engemann Student Health Center at studenthealth.usc.edu to make an appointment or learn more about what to do when feeling sick.

B.R.A.T.S. Meals are available to all students participating in the USC Hospitality Meal Plan program AND living in USC Housing locations.